

Sensory Seekers... who like big body movements

Toy borrowing guide



Toy Librarian says “Sensory seekers who crave big body movements may require intense proprioceptive (joint/muscle pressure) and vestibular (balance/movement) input to regulate their nervous systems. This might look like jumping, crashing, spinning, and swinging. These toys provide safe opportunities for high-energy stimulation, to manage feelings of being under-stimulated.”



S023 Joey Jump

The Joey Jump Bean Bag Toss is a dynamic toy for enhancing motor skills practising coordination and meeting sensory needs. Children place a bean bag on one end of the board and stomp on the other, propelling the bean bag into the air to catch. This activity provides sensory input through stomping and engages the vestibular system as children track and catch the moving bean bag. It's a great way to channel energy constructively while developing timing, balance, and coordination.



S052 Teeter Popper

The Fat Brain Teeter Popper offers a unique sensory experience through its suction-cup base, which creates a popping sound as children rock, tilt, and wobble. This toy stimulates the vestibular system, promoting balance and core strength. The auditory feedback from the popping enhances sensory integration, making it particularly beneficial for children who seek auditory and movement input.



S072 Soft Fall Gym Mat

A Soft Fall Crash Mat provides a safe space for children to engage in high-energy activities like jumping and crashing, which deliver deep pressure input essential for proprioceptive regulation. This deep pressure can have a calming effect on the nervous system, aiding in emotional regulation. The mat also supports the development of gross motor skills, coordination, and balance as children navigate movements on its forgiving surface.



S068 Happy Hopperz

BCTL has a few different Happy Hopperz-inflatable ride-on toys that encourage active play through bouncing. They help strengthen core muscles, improve balance, and enhance coordination. The rhythmic bouncing provides vestibular stimulation, which can be soothing for sensory seekers. Their engaging design and soft structure make them suitable for both indoor and outdoor play, supporting physical development in a fun, high energy activity.



S010 HART Mini Trampoline

The HART Mini Trampoline is an excellent resource for providing vestibular and proprioceptive input. Bouncing on a trampoline helps develop balance, coordination, and muscle strength. The repetitive motion can be calming and assist in regulation, making it beneficial for children with sensory processing needs. Its compact size allows for easy integration into different environments, promoting active play and physical fitness.



S047 Sit and Spin

The Playhouse Sit and Spin toy offers children the opportunity to engage in spinning activities that stimulate the vestibular system. Spinning can help improve balance, spatial awareness, and coordination. For sensory-seeking children, this type of movement can be both enjoyable and regulating. The toy's design allows children to be in control of the speed and duration of spinning.